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# ***POST TALK***

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April 1, 2006 Volume 1 Issue 1

AMERICAN LEGION POST #175  
PO BOX 105  
SEVERNA PARK, MD 21146

TELEPHONE: 410-544-2066

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## ***Who's who—Post, SAL and Auxiliary Leadership.....***

### **American Legion Post 175**

#### ***Post Commander: Dan McDonald***

1st Vice Commander:	Mike Helm
2nd Vice Commander:	John Fuller
3rd Vice Commander:	A.J. Rush
Adjutant:	Buddy George
Finance Officer:	Bob Niederstadt
Chaplain:	Bob Zerphey
Judge Advocate:	George Lucas
Historian:	Jim "Sonny" Amos
Service Officer:	Danny Byrd
Sgt.atArms:	BobMartin

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### **American Legion Auxiliary**

#### ***Auxiliary President: Pat Rabeau***

1 <sup>st</sup> Vice-President:	Barbara Mallonee
2 <sup>nd</sup> Vice-President:	Rosemary Gurick
Secretary:	Patricia Herder
Treasurer:	Phyllis Gordon
Chaplain:	Betty Gentile
Historian:	Eva D'Ambrosio
Sergeant-at-Arms:	Debbie Collins
Color Bearers:	Betty Kline

<b>Executive Committee:</b>	Sue Connor
	Linda Freedenburg
	Alice Martin

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## **Sons of American Legion**

**Commander: Mike Clutz**

1 <sup>st</sup> Vice:	Sid Reidy
2 <sup>nd</sup> Vice:	Dan Jordan
3 <sup>rd</sup> Vice:	Vacant
Adjutant:	Vacant
Finance Officer:	Dave Dulin
Historian:	Keith Jordan
Chaplin:	Randy Smith
Sergeant At Arms:	Vacant

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## **Legionnaire News**

### **Message from the Commander**

A big thanks to John and Paula Fuller for a great Super Bowl Party if you didn't get enough to eat it was your fault. The TV raffle was successful. [I won]

Brain Reidy won the Post Oratorical contest and was also selected as the Anne Arundel County winner.

At our May meeting we will hold elections. Choosing officers for your Post is one of the most important functions we have as members. You need to attend to show support for those who have stepped up to the plate and vote for the person you think can do the job. If you are willing to fill one of the officer positions of the Post see the nominating committee. The nominating committee members are Danny Byrd, Ed May and Jim Ford.

This is my last article as your commander. For the past two years your Executive Board and several key members of the Post have worked very hard on the daily operations and on the different programs of the Post and The American Legion. My hat is off to all of

you working patiently and sometimes not so patiently with me. It has been a great two years serving the Post.

To all the volunteers, we could not have done anything without you. A Great Big Thanks.

Please remember all our service members serving around the world and at home in your prayers.

***Dan McDonald***  
***Commander***

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### **Constitution and By-laws Committee**

Legionnaires, the Constitution and By-laws Committee are ready to present the Updated Constitution and By-laws to the general membership during the next general meeting on April 12, 2006 for review. During the meeting you will be able to obtain a paper copy of the documents and immediately afterwards the documents will be available on our web page for review. After the initial review the Updated Constitution and By-laws will be presented at the next general meeting (May 10<sup>th</sup>) and then on June 14<sup>th</sup> the Updated Constitution and By-laws will be voted on by the general membership. Please take some time and send comments to [1stvice@legionpost175.org](mailto:1stvice@legionpost175.org) or leave your comments at the lounge addressed to Jim Corkery. Thank you for your help.

For God and Country

***Michael A. Helm***  
***1<sup>st</sup> Vice Commander***  
***Constitution and By-laws Committee member***

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### **Message from the 1<sup>st</sup> Vice**

Comrades, we were unable to obtain enough renewals from our membership to receive the Outstanding Commanders Cap Award or Jacket for 2006. However, we are well on our way to obtaining Four Star Status. Again, the Post needs all the members to help in obtaining our membership goals, please assist us by calling a member who has not yet paid his or her dues this year or sign up a new member to help our Post grow. I appreciate every member who has paid his or her dues and especially want to thank all of the members who have actively participated in the membership drive for 2006. Keep up the good work!

***"For God and Country"***

***Michael A. Helm***  
***1<sup>st</sup> Vice Commander***

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### **Message from the Service Officer**

**Important Phone Numbers from Your Service Officer**

**Telephone Care Line:** Veterans, who need medical advice, have questions about their medications or need to schedule an urgent care appointment can call the Telephone Care Line Monday through Friday between 7:30 a.m. and 6 p.m. by dialing 1-800-865-2441.

**Toll-Free Numbers for VA Maryland Health Care System Facilities:**

- ***Baltimore VA Medical Center*** – 1-800-463-6295
- ***Baltimore VA Rehabilitation & Extended Care Center*** – 1-800-463-6295
- ***Perry Point VA Medical Center*** – 1-800-949-1003
- ***Cambridge VA Outpatient Clinic*** – 1-877-864-9611
- ***Fort Howard VA Outpatient Clinic*** – 1-800-351-8387
- ***Loch Raven VA Outpatient Clinic*** – 1-800-463-6295, extension 7650

**Prescription Refill Line:** To request a prescription refill or to check on the status of your prescription 24 hours a day, 7 days a week, please call the Prescription Refill Line at 1-800-463-6295, extension 7395. Please have your Social Security and prescription numbers ready when calling.

**For Questions About Clinic Appointments:**

- ***Baltimore VA Medical Center*** – (410) 605-7333
- ***Cambridge VA Outpatient Clinic*** – (410) 228-6243, press "1"

- **Fort Howard VA Outpatient Clinic** – (410) 477-1800, press “1”
- **Glen Burnie VA Outpatient Clinic** – (410) 590-4140, press “1”
- **Loch Raven VA Outpatient Clinic** – (410) 605-7650, press “1”
- **Perry Point VA Medical Center** – (410) 642-2411, extension 5077 (Specialty Clinics)
  - (410) 642-2411, extension 1188 (Primary Care Team A)
  - (410) 642-2411, extension 1189 (Primary Care Team B)
- **Pocomoke City VA Outpatient Clinic** – (410) 957-6718, press “1”
- **Automated Appointment Line** – 1-800-463-6295, extension 7395

**For Questions About Medical Benefits & VA Health Care Enrollment:**

- **Baltimore VA Medical Center** – (410) 605-7324
- **Cambridge VA Outpatient Clinic** – (410) 228-6243, press “1”
- **Fort Howard VA Outpatient Clinic** – (410) 477-1800, press “1”
- **Glen Burnie VA Outpatient Clinic** – (410) 590-4140, press “1”
- **Loch Raven VA Outpatient Clinic** – (410) 605-7650, press “1”
- **Perry Point VA Medical Center** - (410) 642-2411, extension 5018
- **Pocomoke City VA Outpatient Clinic** – (410) 957-6718, press “1”

**Long-Term Care Information Line:** Veterans and their family members who have questions about nursing home and long-term care programs and services available through the VA Maryland Health Care System can call the Long-Term Care Information Line at 1-800-949-1003, extension 1121.

**Lodging Program:** For information about how to obtain lodging for a veteran or a family member of a veteran through the VA Maryland Health Care System, please call the Lodging Coordinator at the Perry Point VA Medical Center at (410) 642-2411, extension 6722.

**Appointment Line:** To get a listing of your scheduled appointments throughout the VA Maryland Health Care System, please call the Appointment Line 24 hours a day, 7 days a week at 1-800-463-6295, extension 7395. Please have your Social Security number ready when calling.

**How to Locate VA Facilities Throughout the Country:** For a listing of VA medical centers and outpatient clinics throughout the country, please contact the VA Health Benefits Service Center at 1-877-222-8387 or visit the VA web site at [www1.va.gov/health\\_benefits/](http://www1.va.gov/health_benefits/) and click on “Locate a VA Medical Center.”

**VA Benefits:** For information about VA disability, education, home loan, life insurance, vocational rehabilitation and employment and survivor’s and dependent’s benefits, please call the Veterans Benefits Information Line 24 hours a day, 7 days a week at 1-800-827-1000.

**Billing Information:** If you have a question about a bill that you have received from the VA Maryland Health Care System, please contact the VA Health Revenue Center Monday through Friday from 8 a.m. to 8 p.m. at 1-866-393-0006.

**National Cemetery System:** Veterans and their spouses can get the latest information on VA burial benefits, including detailed eligibility criteria by calling the Baltimore VA National Cemetery at 410-644-9696. To get more information about the State Veterans Cemeteries, please call 1-800-446-4926, extension 21.

**Vet Centers:**

- **Baltimore Vet Center:** (410) 764-9400
- **Elkton Vet Center:** (410) 392-4485

**Web Page:**

For additional information about the VA Maryland Health Care System or to ask a question online, go to the following web page: [www.vamhcs.med.va.gov](http://www.vamhcs.med.va.gov).

**Danny Byrd**  
**Service Officer**

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### **Message from the Chaplain**

Springtime is here and summer is closely following. It's a time for vacations and fun. But when I think of the month of May there comes to mind two very significant holidays. The first is Mother's Day which comes this year on May 14<sup>th</sup>. It is a day to honor our mothers and in many cases, such as mine, it is a day of remembrance of the most important person in our lives. I heard a story of a teacher who gave her second graders a lesson on magnets. The next day she tested them by asking: "My name has six letters, the first one is M. I pick up things. Who am I?" 50 percent of the students answered with the word "MOTHER." Mothers do pick up things, but they have a much higher calling than that. She is a person who loves her family and provides an atmosphere of acceptance, security and understanding. I think that in the gospel of John, this apostle says it best in John chapter 16 and verse 21: "A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world." In Deuteronomy 5:16 Moses tells us to "honor your ... mother, as the Lord your God has commanded you." Mothers deserve to be honored – not just on one special day each year but every day, and not just in words, but in thoughtfulness and loving deeds.

A second significant day in May is Memorial Day. This is a day to remember and honor those comrades of the past who have served this nation and preserved the freedom and prosperity we Americans now enjoy. Abraham Lincoln said that no words can add to or detract from their sacrifice. We go to funerals to grieve with those left behind. On Memorial Day we remember those who have already made it home. Not in a box, not in a picture frame, but really themselves. Alive. At home. At peace. On Memorial Day we remember and give thanks to the Lord for those who have gone on to dwell with Him in peace and joy forever.

Since our last newsletter I must sadly report the loss of several of our comrades who have gone to Post Everlasting. I like to think of it as their final transfer orders to the Headquarters of the Supreme

Commander. These comrades are Bill Lipham, Patrick Dionne, and Earl Anderson, Jr. They will be greatly missed and our heartfelt condolences to their families. SICK LIST: Comrade Joanne Dionne spent some time in the hospital for a bout with pneumonia, but as of this writing she is home and recovering well. Comrades Edward Allenbaugh and Bill Izzo also spent a few days in the hospital and are now home. Comrade Jonathan "Buck" German is at Future Care nursing home. At last visit he appeared to be doing okay. Others mentioned before are Richard Cummings, Ralph Clark, and Dan Jordan. Keep these comrades in your prayers.

Please call the Post or me if you know of someone who is in the hospital or ill. God bless all of you.

**Bob Zerphey**  
**Chaplain**

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### **Message from the Editor**

**Note 1:** It is up to each member to keep us informed of all address changes. Address changes can be submitted to the Editor via the Internet using the [Newsletter@Legionpost175.org](mailto:Newsletter@Legionpost175.org) E-mail address, or mailed to the Post address listed at the beginning of the Newsletter. Please indicate on the front of the envelope "ATTN: Editor".

**Note 2:** If you have access to the internet you can view the Newsletter on-line via the Post 175 Web Site, [www.legionpost175.org](http://www.legionpost175.org).

**Note 3:** We do not E-mail the Newsletter to members with Internet access; you view it on-line at the Post 175 Web Site above. Please notify the Editor via the Internet using the [Newsletter@legionpost175.org](mailto:Newsletter@legionpost175.org) E-mail address that you will be viewing the Newsletter on-line. We will then take you off the USPS mailing list for the Newsletter.

The Post spends approximately **\$2750.00** per year in Newsletter costs, this expense would be reduced if everyone with Internet access would view the Newsletter on-line. All it takes is a short message with your name and statement that you will no longer need a hardcopy of the newsletter mailed to you.

Any questions on how to contact the Post via e-mail or to access the Post web page can be found at the end of this Newsletter. If you wish you can call the Post at

410-544-2066 and leave a message for someone to get back to you. Please leave a best time and day to return your call and the subject you wish to discuss with your message.

I would also like to remind everyone that you don't have to be an Officer of the Legion, Auxiliary, or SAL to have an article published in the Newsletter. If anyone has an article that would be of interest to the membership send it to me using the following e-mail address - newsletter@legionpost175.org. However, I would like to point out that this venue is not intended to be used as a "Complaint or Criticism Forum". There is a "Suggestion Box" located in the Post Lounge if anyone has issues they would like addressed by the Legion Executive Board.

***Bill Corkran***  
***Editor***

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## **News from our Auxiliary**

### **From the President**

OUR REGULAR MONTHLY MEETING WHICH IS ON THE 4<sup>TH</sup> WEDNESDAY OF THE MONTH WILL BE STARTING AT 7PM INSTEAD OF 7:30PM. THIS CHANGE WAS VOTED ON AT THE FEBRUARY MEETING AND IS IN EFFECT IMMEDIATELY.

Congratulations to Membership Chairman Barbara Mallonee and Unit #175 for making goal. Maintaining and acquiring new members is very important as it gives the American Legion the necessary voting power it needs when the National Commander goes before Congress to ask for money for veterans programs or to start new ones.

Our St. Patrick's Dinner and Raffle was a success! We served over 100 people most of who stayed to enjoy the Oracle Band. Thank you to Roni Goughenour for heading up the cooking team along with Barbara Bellerby, Barbara Mallonee, Liz Richard, and Brenda Digby for helping in the kitchen, serving dinner, and taking tickets. Thank you to Barbara Smith for her donation of stew and Jeanine Vitek for donating the items for the raffle. Special thanks to Doris and Frank Heubeck for donating the vegetables and to Phoebe

Cavallo for donating a cake. Thanks also to Bill Lowery, Dan McDonald and Jerry Heath for setting up the hall. The winner of the raffle was Delores Miskowski, Sue Connor's mother.

**EASTER FALLS ON SUNDAY, APRIL 16, AND WE ARE HAVING BREAKFAST!!!** Come out and join us for a relaxing time with your family and friends. Don't forget our Mother's Day special in May. \$1 off for all Mothers.

On Sunday, April 23, 2006, our Unit will be hosting the Southern Maryland District meeting for that month. Food will be served at 1PM, the meeting starts at 2PM. All Auxiliary members are welcome and encouraged to attend.

The Essay Awards Ceremony will be held on June 4<sup>th</sup>. Alice Martin has the details in her article.

Election and Installation of Officers will be held at our regular monthly meeting on Wednesday, June 28, 2006 starting at 7:00PM. Any member "in good standing" (current dues paid) is eligible to run for office.

Betty Phillips, who recently passed away, was a long time member of the Auxiliary. She was also involved in helping with Kennel Club social events. Betty helped to organize and run the Post Shuffle Bowl League for many years and also organized bus trips to Atlantic City. She held the position of Hall Chairman for many years taking care of rentals for the post. Betty was a cheerful, kind and caring person and will be very much missed.

Please keep our veterans and uniformed servicemen and women in your thoughts and prayers.

***Pat Rabeau***  
***President***

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### **Chaplain's Message**

I am still working on the Book of Prayers to be turned in for judging on the end of the year reports. If anyone has a prayer, devotional thought or favorite verse, please let me know soon. I would like very much to include everyone's favorites in the book. Don't forget to sign it and include the chapter and verse.

Keep all of our members that have been ill in your prayers. Our condolences go out to the family of Betty Phillips on her recent passing. To Betty and Helen Vermillion on the death of their son and grandson Bobby Rye; and to Rosemary Gurick on the death of her father John Sampogna. Please know that you are always in our hearts and prayers.

Don't forget, when you say your prayers at night, to ask for the safe return of our men and women serving this great country on foreign soil so that we all may live in peace.

God Bless you and God Bless the U.S.A.

***Betty Gentile***  
***Chaplain***

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### ***1<sup>st</sup> Vice President***

As of March 1<sup>st</sup> we have made our membership goal of 10 Plus. We now have 324 paid members. Our unit is 1 of 7 of 128 total units in Department and 1 of 3 of 42 total units in district who made 10 Plus goal at this time. My sincere thanks to every member who made this possible. Without your help of paying dues and signing new members we would not have met our goal.

The Sixtieth Annual Maryland Girl State Program will be held from 18 to 23 June 2006 at the Frostburg State University. Applications have been given to Severna Park and Broadneck Senior High Schools. This program is sponsored by the American Legion Auxiliary, Department of Maryland. Only students in the 11<sup>th</sup> grade are eligible to attend.

Thank you to everyone who gave clothing for the Veterans at Perry Point Hospital. It is very much appreciated.

***Barbara Mallonee***  
***1<sup>st</sup> Vice-President***

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### ***Americanism***

This year's Americanism essay contest was, once again, a huge success. The contest ended on February 1 and all of the essays were submitted for judging under the title, "What Freedom Means To Me". Five area schools participated for a total of 123 entries. Judging has been completed and the Auxiliary would like to announce our winners:

#### **Group I, Grades 3 & 4**

1<sup>st</sup> Place—Connor Heckert

2<sup>nd</sup> Place—Samantha Leitholf

3<sup>rd</sup> Place—Natalie Gibson

All three are from Windsor Farm Elementary.

#### **Group II, Grades 5 & 6**

1<sup>st</sup> Place—Daniel Anderson

2<sup>nd</sup> Place—Andrew Jones

3<sup>rd</sup> Place—Nathanael Coffey

Daniel is from Windsor Farm elementary. Andrew and Nathanael are from St. John the Evangelist School.

#### **Group III, Grades 7 & 8**

1<sup>st</sup> Place—Courtney Richeson

2<sup>nd</sup> Place—Madeline Outland

3<sup>rd</sup> Place—Kelly DeStefano

All three are from Severn School.

The Auxiliary would like to congratulate all of this year's winners and all those who participated. As in past years, we are impressed and extremely proud of our young writers. Their enthusiasm for writing and their love for their country are extraordinary, and for that we sincerely thank the parents and teachers.

The Americanism Essay Unit Awards Ceremony will be held in the Post Hall on Sunday, June 4 at 2PM. Stop in to hear these award winning essays and enjoy some refreshments!

***Alice Martin***  
***Chairman***

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### ***Children's Easter Party***

The Children's Easter Party is Sunday, April 9th, 1 to 3PM. We will be having lunch, snacks, games and a visit from the Easter Bunny. We look forward to seeing you there.

A sign up sheet will be posted in the lounge. The **cut off date is Monday, April 3rd**. Please call 410-544-2066 for more info.

***Michele Jordan***  
***Chairman***

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## Poppies

Our annual poppy drive will be taking place on Memorial Weekend, Saturday May 27, Sunday May 28 and Memorial Day Monday May 29.

American Legion volunteers will be distributing poppies in exchange for donations. This annual event, planned to coincide with Memorial Day, pays tribute to all the veterans as well as those who gave their lives for our country. The poppy is a replica of those poppies that bloomed on the battlefields of France and are symbolic of the bloodshed there during WWI. Each poppy is handmade by Veterans for Veterans in Auxiliary Sponsored shops. 100% of the proceeds go toward Veteran related affairs and for the welfare of the families of Veterans.

We will have folks distributing poppies in exchange for donations on the local highways and at the local grocery stores during the Memorial weekend.

WE NEED VOLUNTEERS!! Please call me if you can spare any time at all during the Memorial weekend, no matter how much time you can spare, even if for just one hour. My phone number is 410-533-7106.

Starting on May 1 we will be collecting donations in the lounge. In exchange for a donation you will receive a document decorated with poppies. You can write any dedication on the document, and it will be displayed in the lounge during the entire month.

*Eva D'Ambrosio*  
*Chairman*

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## SAL NEWS

### From your Commander

**No Article was submitted!**

*Mike Clutz*  
*Commander*

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## Planned Post Activities

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## New Offering on Hall Rentals

### Small Event Hall Rentals

We are making the Post Hall available for "Small Affairs" like Bridal or Baby Showers. These rentals will be available on either Thursday or Sunday afternoons or evenings. Events such as this should usually have a smaller number of attendees and be of a shorter duration than a normal rental. Special rates will be in effect for these "small hall" rentals.

Contact Pat Wachter at 410-647-3756 to discuss the details.

*Pat Wachter,*  
*Hall Chairman*

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### Bingo

The Unit holds bingo on the third Monday of the month at 7PM for the residents at Future Care Nursing Home on College Parkway. If you would like to join us, call Barbara Mallonee at 410-757-1540. Help is always needed. Thank You.

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### Breakfast

**Breakfast will be held on Easter Sunday, April 16, 2006. May 21 will be our Mother's Day special--\$1 off for all Mothers followed by our Father's Day special on June 18--\$1 off for all Fathers.**

Regular prices are: Adults-\$6.00, Children 7 and under-\$3.00, Omelets to order-.50 extra. The hours are 8:30 to 11:00AM. Any questions call Pat Rabeau at 443-995-2294.

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### Catering

Please remember if you know someone who is having a wedding reception, birthday party, retirement party or any kind of party refer them to us and be sure to tell them we have a great new menu. Anyone can access the menu from the auxiliary page on the legion website. <http://legionpost175.org/> or you can call us at 410-544-2066

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## **Children's Easter Party**

The Party will be held on Sunday, April 9, 2006, 1 to 3PM. A sign up sheet will be posted in the lounge. The cut off date is Monday, April 3, 2006.

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## **Italian Night Dinner**

The auxiliary serves an Italian style dinner on the fourth Friday of the month from 6 to 8:30PM. Breaded Fried Shrimp is offered as an alternative.

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## **Go Ravens!**

Ravens Roost #33, which meets at the Post, invites Post members who are football fans to join the Roost. It is one of 50 Roosts that work together to promote football and local charities in addition to cheering for the Ravens. Roost members have fun watching the games, but we enjoy other activities throughout the year. We hold our annual convention in Ocean City. In February, members participate in a bull roast that is attended by Brian Billick and Ravens players. Membership dues are \$15.00 per year plus a \$15.00 Initiation fee. For more information, please call Dave Schultz at 410-757-5505.

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## **Happy Hours**

Very *Happy Hours*...Mon-Friday 4- 6 PM, Saturday 2-4 PM and 6-8 PM.

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## **Daily Lunch (Monday - Sunday)**

*Daily lunch* items are posted on the Lunch Menu Board in the Lounge. We try to vary the menu; you can call the Post and check with the Bartender to see what the menu of the day is.

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## **Organization Meetings**

Executive Board meets last Monday of each month. [APRIL 24 - MAY 29]

SAL Unit meets 2nd Tuesday of each month. [APRIL 11 - MAY 9]

General membership meets 2<sup>nd</sup> Wednesday of each month. [APRIL 12 - MAY 10]

Auxiliary Unit meets the 4th Wednesday of each month. [APRIL 26—MAY 24]

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## **NEED SOME FLORIDA SUNSHINE?**

The Severn River Lions Club, a service organization, sells select Florida citrus each month from November through April. All proceeds of the sales go to charities and school scholarships. The club offers premium fruit shipped directly from the orchards to Severna Park. Ruby Red grapefruit is offered each month. In December navel oranges and tangerines are also available. In January, Temple oranges are offered. Frequently navel oranges are also available in January. Grapefruit costs \$10 for a 2/5 bushel box and \$18 for a 4/5 bushel box. Navel oranges run \$11 for 2/5 bushel and \$20 for 4/5 bushel. Cost of tangerines and Temple oranges is not yet available. If you are interested in enjoying some Florida sunshine right here in Severna Park this winter while contributing to charity, call Dale Strait at 410-987-4879. Thanks.

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## **Internet Access**

**Post WEB Site is available for your use. We are already receiving a significant number of "hits" (accesses) to the various topic areas included. The Web site will continue to expand to include many more areas of information and interest to both Post members and outside inquirers. This growth will be largely based on members' suggestions.**

**The Webmaster is Gail Helm of our Auxiliary. Thanks Gail for all your superb efforts in getting this excellent communications tool available to us. The web page may be accessed under [www.legionpost175.org](http://www.legionpost175.org)**

**Please let Gail know through the web page response section (hyperlink at bottom of Web Page) what your thoughts are for articles/access methods/format changes that you feel you would like to see included.**

**One thing we will be able to do is to inform every one of changes /omissions/errors from the**

Newsletter in a timely manner, as opposed to waiting for the next bi-monthly issue of the Newsletter.

The web page can present things that the Newsletter cannot. Such as, COLOR pictures from events at the Post, hyperlinks to articles of interest from National and Department etc. etc.

Please feel free to access the web page NOW.

CONTINUE to use the process below to send E-mail to the email addresses listed.

Please remember the Post E-mail is intended for Post business. This includes any correspondence requesting information from the Post or to notify the Post of information.

When sending e-mail to the Post, if you don't know who to send it to use the [INFO@LegionPost175.org](mailto:INFO@LegionPost175.org) Address.

Please include: Your Name

Brief description of subject

Please, if you have an e-mail address please let us know what it is.

Please submit via (E-mail, Regular mail, phone, or give it to the bartender)

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #: \_\_\_\_\_

General Post E-mail is [Info@legionpost175.org](mailto:Info@legionpost175.org)

Phone # in case of questions only. Not required

## General Information

General Information [info@legionpost175.org](mailto:info@legionpost175.org)

Newsletter [newsletter@legionpost175.org](mailto:newsletter@legionpost175.org)

Webmaster [webmaster@legionpost175.org](mailto:webmaster@legionpost175.org)

## Web Site Address

[www.legionpost175.org](http://www.legionpost175.org)

## Legionnaires

Commander [commander@legionpost175.org](mailto:commander@legionpost175.org)

1st Vice [1vice@legionpost175.org](mailto:1vice@legionpost175.org)

Adjutant [adjutant@legionpost175.org](mailto:adjutant@legionpost175.org)

Judge Advocate [judgeadvocate@legionpost175.org](mailto:judgeadvocate@legionpost175.org)

Service Officer [serviceofficer@legionpost175.org](mailto:serviceofficer@legionpost175.org)

Chaplain [postchaplain@legionpost175.org](mailto:postchaplain@legionpost175.org)

## SAL

[salcommander@legionpost175.org](mailto:salcommander@legionpost175.org)

## Auxiliary

Aux President [auxpresident@legionpost175.org](mailto:auxpresident@legionpost175.org)

Aux 2nd Vice [aux2ndvice@legionpost175.org](mailto:aux2ndvice@legionpost175.org)

Aux Chaplain [auxchaplain@legionpost175.org](mailto:auxchaplain@legionpost175.org)



# April 2006

## Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																	
						<b>1</b> *Happy Hour* 2-4 & 6-8pm Bar Bingo																																																																																																	
<b>2</b> *Happy Hour* 4 to 6pm Mon thru Fri Bar Bingo	<b>3</b> Monday Night Wings 5:30 to 8:30pm	<b>4</b> Lions Club Meets 6:30 to 9:30pm	<b>5</b> Kennel Club 7:30pm	<b>6</b>	<b>7</b> Music Esquires 8:30pm to 12:30am SAL Shrimp Night 6 to 9PM	<b>8</b> *Happy Hour* 2-4 & 6-8pm Bar Bingo																																																																																																	
<b>9</b> Bar Bingo Children's Easter Party 1 to 3pm	<b>10</b> Monday Night Wings 5:30 to 8:30pm	<b>11</b> SAL Meeting 7:30pm	<b>12</b> General Meet- ing 7:30pm	<b>13</b>	<b>14</b> Legion Dinner 6:00 to 8:30pm Music David Lee Karaoke & DJ 8:30pm to 12:30am	<b>15</b> *Happy Hour* 2-4 & 6-8pm Bar Bingo																																																																																																	
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# May 2006

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